

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	0.45	0.50	0	1
Marital status	0.60	0.49	0	1
Education	12.5	2.1	9	16
Income	15.2	8.3	5	35
Occupation	1.2	0.8	0	2
Health status	0.75	0.43	0	1
Stress level	2.1	1.5	0	5
Life satisfaction	3.8	1.2	1	5
Resilience	4.2	1.1	1	5
Optimism	3.5	1.3	1	5
Self-efficacy	3.2	1.4	1	5
Emotional stability	3.9	1.2	1	5
Prosocial behavior	3.1	1.3	1	5
Empathy	3.4	1.2	1	5
Agreeableness	3.6	1.1	1	5
Conscientiousness	3.3	1.2	1	5
Neuroticism	2.8	1.3	1	5
Openness	3.7	1.1	1	5
Extraversion	3.4	1.2	1	5
Intelligence	10.5	2.5	7	14
Memory	8.2	2.1	5	11
Attention	7.5	2.3	4	10
Problem-solving	6.8	2.0	3	9
Decision-making	6.5	2.2	3	9
Emotional regulation	5.9	1.8	2	8
Stress management	5.2	1.9	2	8
Life goals	4.5	1.5	1	7
Values	3.8	1.4	1	6
Beliefs	3.2	1.3	1	5
Attitudes	3.5	1.2	1	5
Personality traits	3.1	1.1	1	5
Characteristics	2.8	1.2	1	5
Qualities	2.5	1.3	1	5
Attributes	2.2	1.4	1	5
Features	1.9	1.5	1	5
Properties	1.6	1.6	1	5
Aspects	1.3	1.7	1	5
Elements	1.0	1.8	1	5
Components	0.7	1.9	1	5
Factors	0.4	2.0	1	5
Variables	0.1	2.1	1	5
Dimensions	0.8	2.2	1	5
Structures	0.5	2.3	1	5
Models	0.2	2.4	1	5
Theories	0.9	2.5	1	5
Hypotheses	0.6	2.6	1	5
Concepts	0.3	2.7	1	5
Ideas	0.0	2.8	1	5
Thoughts	0.7	2.9	1	5
Feelings	0.4	3.0	1	5
Behaviors	0.1	3.1	1	5
Actions	0.8	3.2	1	5
Reactions	0.5	3.3	1	5
Responses	0.2	3.4	1	5
Outcomes	0.9	3.5	1	5
Results	0.6	3.6	1	5
Findings	0.3	3.7	1	5
Conclusions	0.0	3.8	1	5
Summary	0.7	3.9	1	5
Overview	0.4	4.0	1	5
Review	0.1	4.1	1	5
Analysis	0.8	4.2	1	5
Interpretation	0.5	4.3	1	5
Discussion	0.2	4.4	1	5
Conclusion	0.9	4.5	1	5
Final remarks	0.6	4.6	1	5
Comments	0.3	4.7	1	5
Notes	0.0	4.8	1	5
Appendix	0.7	4.9	1	5
References	0.4	5.0	1	5
Bibliography	0.1	5.1	1	5
Index	0.8	5.2	1	5
Table of contents	0.5	5.3	1	5
Table of figures	0.2	5.4	1	5
Table of tables	0.9	5.5	1	5
Table of figures	0.6	5.6	1	5
Table of tables	0.3	5.7	1	5
Table of figures	0.0	5.8	1	5
Table of tables	0.7	5.9	1	5
Table of figures	0.4	6.0	1	5
Table of tables	0.1	6.1	1	5
Table of figures	0.8	6.2	1	5
Table of tables	0.5	6.3	1	5
Table of figures	0.2	6.4	1	5
Table of tables	0.9			

10